

Paasmeeting GZVN: Session: 2: COACH evaluation sheet for TEAM: ZDKB

Coachinfo: Warming up from: 13:00 untill 13:55. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Maris Tine HEADCOACH

Coaches: Derison Noor

Coaches: Meertens Lara

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 13: 50M BREASTSTROKE MEN 11+										Heat:7, starttime: 14:25	
Heat: 7/11 Lane : 4 Athlete: SWENNEN JARNE									Q-time: 00:41:63		
PB (50m pool): 00:41.63 Antwerpen 15/03/2026										PB (25m pool): 00:42.20SB: 00:41.63 Antwerpen 15/03/2026	
	5 0 M										
PB	00:41.63										
	00:41.63										
											

Coach feedback:

Event number: 13: 50M BREASTSTROKE MEN 11+					Heat:7, starttime: 14:25	
Heat: 7/11 Lane : 5 Athlete: SWENDROWSKI MILAN					Q-time: 00:42:13	
PB (50m pool): 00:42.13 SportinGenk Park 21/04/2025					PB (25m pool): 00:37.21 SB: no time	
	5 0 M					
PB	00:42.13					
	00:42.13					
						

Coach feedback:

Event number: 13: 50M BREASTSTROKE MEN 11+					Heat:8, starttime: 14:26	
Heat: 8/11 Lane : 4 Athlete: SMITS PIETER					Q-time: 00:38:88	
PB (50m pool): 00:38.88 Eindhoven 16/02/2025					PB (25m pool): 00:36.09SB: no time	
	5 0 M					
PB	00:38.88					
	00:38.88					
						

Coach feedback:

Paasmeeting GZVN: Session: 2: COACH evaluation sheet for TEAM: ZDKB

Event number: 13: 50M BREASTSTROKE MEN 11+		Heat:8, starttime: 14:26
Heat: 8/11 Lane : 5 Athlete: THEUWIS TIJL		Q-time: 00:38:91
PB (50m pool): 00:38.91 Antwerpen 13/07/2025 PB (25m pool): 00:38.24 SB: no time		
	5 0 M	
PB	00:38.91	
	00:38.91	
		

Coach feedback:

Event number: 13: 50M BREASTSTROKE MEN 11+		Heat:9, starttime: 14:27
Heat: 9/11 Lane : 3 Athlete: SIMONS VIC		Q-time: 00:36:43
PB (50m pool): 00:36.43 Mol 22/06/2025 PB (25m pool): 00:33.72 SB: no time		
	5 0 M	
PB	00:36.43	
	00:36.43	
		

Coach feedback:

Event number: 14: 50M BREASTSTROKE WOMEN 11+		Heat:4, starttime: 14:36
Heat: 4/11 Lane : 3 Athlete: LAPIERRE EMMA		Q-time: 00:51:87
PB (50m pool): no time PB (25m pool): 00:51.87 SB: no time		
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Event number: 14: 50M BREASTSTROKE WOMEN 11+		Heat:6, starttime: 14:39
Heat: 6/11 Lane : 2 Athlete: LIESENS MIET		Q-time: 00:46:24
PB (50m pool): 00:46.24 SportinGenk Park 21/04/2025 PB (25m pool): 00:43.73 SB: no time		
	5 0 M	
PB	00:46.24	
	00:46.24	
		

Coach feedback:

Paasmeeting GZVN: Session: 2: COACH evaluation sheet for TEAM: ZDKB

Event number: 14: 50M BREASTSTROKE WOMEN 11+					Heat:7, starttime: 14:40				
Heat: 7/11 Lane : 2 Athlete: CLEUREN FIEN					Q-time: 00:45:02				
PB (50m pool): 00:45.02 SportinGenk Park 21/04/2025					PB (25m pool): 00:42.49 SB: no time				
	5 0 M								
PB	00:45.02								
	00:45.02								
									

Coach feedback:

Event number: 14: 50M BREASTSTROKE WOMEN 11+							Heat:7, starttime: 14:40		
Heat: 7/11 Lane : 6 Athlete: MÉLARD LEVI							Q-time: 00:44:87		
PB (50m pool): 00:44.87 Antwerpen 15/03/2026							PB (25m pool): 00:45.07 SB: 00:44.87 Antwerpen 15/03/2026		
	5 0 M								
PB	00:44.87								
	00:44.87								
									

Coach feedback:

Event number: 14: 50M BREASTSTROKE WOMEN 11+							Heat:8, starttime: 14:41		
Heat: 8/11 Lane : 2 Athlete: VANHAEREN RENÉE							Q-time: 00:42:66		
PB (50m pool): 00:42.66 Antwerpen 15/03/2026							PB (25m pool): 00:43.49SB: 00:42.66 Antwerpen 15/03/2026		
	5 0 M								
PB	00:42.66								
	00:42.66								
									

Coach feedback:

Event number: 14: 50M BREASTSTROKE WOMEN 11+										Heat:10, starttime: 14:44																													
Heat: 10/11																				Lane : 3					Athlete: MULLENS JULE										Q-time: 00:39:18				
PB (50m pool): 00:39.18										Antwerpen 15/03/2026										PB (25m pool): 00:38.35										SB: 00:39.18					Antwerpen 15/03/2026				
	5 0 M																																						
PB	00:39.18																																						
	00:39.18																																						
																																							

Coach feedback:

Paasmeeting GZVN: Session: 2: COACH evaluation sheet for TEAM: ZDKB

Event number: 14: 50M BREASTSTROKE WOMEN 11+										Heat:10, starttime: 14:44																																							
Heat: 10/11										Lane : 5										Athlete: COEMANS HANNE										Q-time: 00:38:54																			
PB (50m pool): 00:38.31										Antwerpen 14/07/2024										PB (25m pool): 00:37.92										SB: 00:38.62										Antwerpen 15/03/2026									
		5 0 M																																															
PB			00:38.31																																														
			00:38.31																																														
																																																	

Coach feedback:

Event number: 15: 100M BREASTSTROKE MEN 11+			Heat:1, starttime: 14:46		
Heat: 1/7 Lane : 1 Athlete: KRYLOV ALEXANDER			Q-time: 99:99:99		
PB (50m pool): no time			PB (25m pool): 01:47.15 SB: no time		
	5 0 M	1 0 0 M			
PB	no time	no time			
	no time				
					

Coach feedback:

Event number: 15: 100M BREASTSTROKE MEN 11+			Heat:3, starttime: 14:52		
Heat: 3/7 Lane : 6 Athlete: ERNOTS JOPPE			Q-time: 01:40:68		
PB (50m pool): no time			PB (25m pool): 01:40.68 SB: no time		
	5 0 M	1 0 0 M			
PB	no time	no time			
	no time				
					

Coach feedback:

Event number: 15: 100M BREASTSTROKE MEN 11+			Heat:4, starttime: 14:54		
Heat: 4/7 Lane : 4 Athlete: REPRIELS ARTHUR			Q-time: 01:26:42		
PB (50m pool): 01:26.42 Mol 22/06/2025			PB (25m pool): 01:17.97 SB: no time		
	5 0 M	1 0 0 M			
PB	00:40.67	01:26.42			
	00:40.67	00:45.75			
					

Coach feedback:

Paasmeeting GZVN: Session: 2: COACH evaluation sheet for TEAM: ZDKB

Event number: 15: 100M BREASTSTROKE MEN 11+			Heat:5, starttime: 14:56
Heat: 5/7 Lane : 3 Athlete: JANS SEN			Q-time: 01:22:69
PB (50m pool): 01:22.69 Antwerpen 13/07/2025			PB (25m pool): 01:16.50 SB: no time
	5 0 M	1 0 0 M	
PB	00:38.59	01:22.69	
	00:38.59	00:44.10	
			

Coach feedback:

Event number: 15: 100M BREASTSTROKE MEN 11+			Heat:7, starttime: 15:00
Heat: 7/7 Lane : 1 Athlete: SWENNEN LARS			Q-time: 01:15:02
PB (50m pool): 01:15.02 Antwerpen 27/07/2025			PB (25m pool): 01:12.41 SB: 01:15.90 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:36.02	01:15.02	
	00:36.02	00:39.00	
			

Coach feedback:

Event number: 15: 100M BREASTSTROKE MEN 11+			Heat:7, starttime: 15:00
Heat: 7/7 Lane : 6 Athlete: MOERMANS TIJMEN			Q-time: 01:13:46
PB (50m pool): 01:13.46 Antwerp 09/02/2025			PB (25m pool): 01:10.69 SB: 01:14.00 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:34.26	01:13.46	
	00:34.26	00:39.20	
			

Coach feedback:

Event number: 16: 100M BREASTSTROKE WOMEN 11+			Heat:3, starttime: 15:07
Heat: 3/10 Lane : 5 Athlete: VANBEKBERGEN CHARLOTTE			Q-time: 01:44:16
PB (50m pool): no time			PB (25m pool): 01:44.16 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Paasmeeting GZVN: Session: 2: COACH evaluation sheet for TEAM: ZDKB

Event number: 16: 100M BREASTSTROKE WOMEN 11+			Heat:4, starttime: 15:10
Heat: 4/10 Lane : 8 Athlete: WOLFS LOLA			Q-time: 01:41:22
PB (50m pool): 01:41.22 Mol 22/06/2025			PB (25m pool): 01:40.03 SB: 01:44.69 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:48.17	01:41.22	
	00:48.17	00:53.05	
			

Coach feedback:

Event number: 16: 100M BREASTSTROKE WOMEN 11+			Heat:6, starttime: 15:14
Heat: 6/10 Lane : 4 Athlete: COEMANS KAAT			Q-time: 01:30:81
PB (50m pool): 01:30.81 Antwerp 02/02/2025			PB (25m pool): 01:28.36 SB: 01:31.38 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:42.55	01:30.81	
	00:42.55	00:48.26	
			

Coach feedback:

Event number: 16: 100M BREASTSTROKE WOMEN 11+			Heat:7, starttime: 15:16
Heat: 7/10 Lane : 4 Athlete: ROOX AMÉLIE			Q-time: 01:27:61
PB (50m pool): 01:26.84 Genk 10/04/2023			PB (25m pool): 01:20.77 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:26.84	
	no time		
			

Coach feedback:

Event number: 19: 50M FREESTYLE MEN 11+			Heat:3, starttime: 15:48
Heat: 3/6 Lane : 4 Athlete: REPRIELS ARTHUR			Q-time: 00:31:77
PB (50m pool): 00:31.77 SportinGenk Park 21/04/2025			PB (25m pool): 00:27.62 SB: no time
	5 0 M		
PB	00:31.77		
	00:31.77		
			

Coach feedback:

Paasmeeting GZVN: Session: 2: COACH evaluation sheet for TEAM: ZDKB

Event number: 19: 50M FREESTYLE MEN 11+		Heat:4, starttime: 15:49
Heat: 4/6 Lane : 3 Athlete: SMITS PIETER		Q-time: 00:29:53
PB (50m pool): 00:29.53 Eindhoven 16/02/2025 PB (25m pool): 00:27.91 SB: no time		
	5 0 M	
PB	00:29.53	
	00:29.53	
		

Coach feedback:

Event number: 19: 50M FREESTYLE MEN 11+		Heat:6, starttime: 15:51
Heat: 6/6 Lane : 8 Athlete: SIMONS VIC		Q-time: 00:26:18
PB (50m pool): 00:26.18 Genk 01/02/2026 PB (25m pool): 00:25.00 SB: 00:26.18 Genk 01/02/2026		
	5 0 M	
PB	00:26.18	
	00:26.18	
		

Coach feedback:

Event number: 20: 50M FREESTYLE WOMEN 11+		Heat:4, starttime: 15:56
Heat: 4/9 Lane : 6 Athlete: VANBEKBERGEN CHARLOTTE		Q-time: 00:35:82
PB (50m pool): 00:35.82 Mol 22/06/2025 PB (25m pool): 00:34.59 SB: no time		
	5 0 M	
PB	00:35.82	
	00:35.82	
		

Coach feedback:

Event number: 20: 50M FREESTYLE WOMEN 11+		Heat:6, starttime: 15:58
Heat: 6/9 Lane : 3 Athlete: COEMANS HANNE		Q-time: 00:30:81
PB (50m pool): 00:30.81 Antwerpen 13/07/2025 PB (25m pool): 00:30.65 SB: no time		
	5 0 M	
PB	00:30.81	
	00:30.81	
		

Coach feedback:

Paasmeeting GZVN: Session: 2: COACH evaluation sheet for TEAM: ZDKB

Event number: 20: 50M FREESTYLE WOMEN 11+						Heat:6, starttime: 15:58	
Heat: 6/9 Lane : 7 Athlete: COEMANS KAAT						Q-time: 00:31:28	
PB (50m pool): 00:33.35 SportinGenk Park 01/04/2024						PB (25m pool): 00:31.28 SB: no time	
	5 0 M						
PB	00:33.35						
	00:33.35						
							

Coach feedback:

Event number: 20: 50M FREESTYLE WOMEN 11+						Heat:7, starttime: 15:59	
Heat: 7/9 Lane : 2 Athlete: LIESENS MIET						Q-time: 00:30:08	
PB (50m pool): 00:30.08 Antwerp 02/02/2025						PB (25m pool): 00:30.33 SB: no time	
	5 0 M						
PB	00:30.08						
	00:30.08						
							

Coach feedback:

Event number: 20: 50M FREESTYLE WOMEN 11+							Heat:8, starttime: 16:00		
Heat: 8/9 Lane : 4 Athlete: ROOX AMÉLIE							Q-time: 00:29:21		
PB (50m pool): 00:28.93 ANTWERPEN 23/04/2023							PB (25m pool): 00:27.86 SB: 00:29.21 Genk 01/02/2026		
	5 0 M								
PB	00:28.93								
	00:28.93								
									

Coach feedback:

Event number: 20: 50M FREESTYLE WOMEN 11+							Heat:9, starttime: 16:01		
Heat: 9/9 Lane : 8 Athlete: MULLENS JULE							Q-time: 00:29:01		
PB (50m pool): 00:29.01 Eindhoven 16/02/2025							PB (25m pool): 00:28.73SB: 00:29.83 Genk 01/02/2026		
	5 0 M								
PB	00:29.01								
	00:29.01								
									

Coach feedback:

Paasmeeting GZVN: Session: 2: COACH evaluation sheet for TEAM: ZDKB

Event number: 21: 100M FREESTYLE MEN 11+			Heat:1, starttime: 16:13
Heat: 1/12 Lane : 7 Athlete: KRYLOV ALEXANDER			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:30.07 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		

Coach feedback:

Event number: 21: 100M FREESTYLE MEN 11+			Heat:5, starttime: 16:21
Heat: 5/12 Lane : 1 Athlete: ERNOTS JOPPE			Q-time: 01:18:74
PB (50m pool): 01:18.74 Genk 01/02/2026			PB (25m pool): 01:30.07 SB: 01:18.74 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:37.58	01:18.74	
	00:37.58	00:41.16	

Coach feedback:

Event number: 21: 100M FREESTYLE MEN 11+			Heat:6, starttime: 16:23
Heat: 6/12 Lane : 5 Athlete: SWENNEN JARNE			Q-time: 01:10:99
PB (50m pool): 01:10.99 Genk 01/02/2026			PB (25m pool): 01:10.89 SB: 01:10.99 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:33.92	01:10.99	
	00:33.92	00:37.07	

Coach feedback:

Event number: 21: 100M FREESTYLE MEN 11+			Heat:8, starttime: 16:26
Heat: 8/12 Lane : 7 Athlete: SWENDROWSKI MILAN			Q-time: 01:07:42
PB (50m pool): 01:07.42 Genk 01/02/2026			PB (25m pool): 01:06.70 SB: 01:07.42 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:32.00	01:07.42	
	00:32.00	00:35.42	

Coach feedback:

Paasmeeting GZVN: Session: 2: COACH evaluation sheet for TEAM: ZDKB

Event number: 21: 100M FREESTYLE MEN 11+			Heat:9, starttime: 16:28
Heat: 9/12 Lane : 2 Athlete: JANS SEN			Q-time: 01:04:56
PB (50m pool): 01:04.56 Genk 01/02/2026			PB (25m pool): 01:02.83 SB: 01:04.56 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:31.24	01:04.56	
	00:31.24	00:33.32	
			

Coach feedback:

Event number: 21: 100M FREESTYLE MEN 11+			Heat:9, starttime: 16:28
Heat: 9/12 Lane : 5 Athlete: SWENNEN LARS			Q-time: 01:04:10
PB (50m pool): 01:04.10 Mol 22/06/2025			PB (25m pool): 00:59.46 SB: no time
	5 0 M	1 0 0 M	
PB	00:31.24	01:04.10	
	00:31.24	00:32.86	
			

Coach feedback:

Event number: 21: 100M FREESTYLE MEN 11+			Heat:10, starttime: 16:29
Heat: 10/12 Lane : 2 Athlete: THEUWIS TIJL			Q-time: 01:02:08
PB (50m pool): 01:02.08 Olympic Pool Wezenberg, Antwer 30/03/2025			PB (25m pool): 01:00.52 SB: no time
	5 0 M	1 0 0 M	
PB	00:29.45	01:02.08	
	00:29.45	00:32.63	
			

Coach feedback:

Event number: 21: 100M FREESTYLE MEN 11+			Heat:10, starttime: 16:29
Heat: 10/12 Lane : 4 Athlete: MOERMANS TIJMEN			Q-time: 01:00:66
PB (50m pool): 01:00.66 Genk 01/02/2026			PB (25m pool): 00:58.67 SB: 01:00.66 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:28.95	01:00.66	
	00:28.95	00:31.71	
			

Coach feedback:

Paasmeeting GZVN: Session: 2: COACH evaluation sheet for TEAM: ZDKB

Event number: 22: 100M FREESTYLE WOMEN 11+			Heat:2, starttime: 16:37
Heat: 2/12 Lane : 6 Athlete: LAPIERRE EMMA			Q-time: 01:33:37
PB (50m pool): 01:33.37 Genk 01/02/2026			PB (25m pool): 01:32.21 SB: 01:33.37 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:44.89	01:33.37	
	00:44.89	00:48.48	
			

Coach feedback:

Event number: 22: 100M FREESTYLE WOMEN 11+			Heat:4, starttime: 16:41
Heat: 4/12 Lane : 2 Athlete: WOLFS LOLA			Q-time: 01:19:27
PB (50m pool): 01:19.27 Mol 22/06/2025			PB (25m pool): 01:15.22 SB: no time
	5 0 M	1 0 0 M	
PB	00:38.25	01:19.27	
	00:38.25	00:41.02	
			

Coach feedback:

Event number: 22: 100M FREESTYLE WOMEN 11+			Heat:6, starttime: 16:45
Heat: 6/12 Lane : 8 Athlete: CLEUREN FIEN			Q-time: 01:15:13
PB (50m pool): 01:15.13 Antwerp 02/02/2025			PB (25m pool): 01:12.76 SB: no time
	5 0 M	1 0 0 M	
PB	00:34.84	01:15.13	
	00:34.84	00:40.29	
			

Coach feedback:

Event number: 22: 100M FREESTYLE WOMEN 11+			Heat:7, starttime: 16:47
Heat: 7/12 Lane : 6 Athlete: MÉLARD LEVI			Q-time: 01:12:22
PB (50m pool): 01:12.22 Genk 01/02/2026			PB (25m pool): 01:09.32 SB: 01:12.22 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:34.76	01:12.22	
	00:34.76	00:37.46	
			

Coach feedback:

Paasmeeting GZVN: Session: 2: COACH evaluation sheet for TEAM: ZDKB

Event number: 22: 100M FREESTYLE WOMEN 11+		Heat:9, starttime: 16:50	
Heat: 9/12 Lane : 7 Athlete: VANHAEREN RENÉE			Q-time: 01:09:91
PB (50m pool): 01:09.91 Antwerpen 13/07/2025		PB (25m pool): 01:09.47 SB: 01:10.75 Genk 01/02/2026	
	5 0 M	1 0 0 M	
PB	00:33.92	01:09.91	
	00:33.92	00:35.99	
			

Coach feedback: